

# Skipping the Staging Area

Although it can be amazingly useful for crafting commits exactly how you want them, the staging area is sometimes a bit more complex than you need in your workflow. If you want to skip the staging area, Git provides a simple shortcut. Adding the `-a` option to the `git commit` command makes Git automatically stage every file that is already tracked before doing the commit, letting you skip the `git add` part:

```
git status
On branch master
Your branch is up-to-date with 'origin/master'.
Changes not staged for commit:
  (use "git add <file>..." to update what will be committed)
  (use "git checkout -- <file>..." to discard changes in working directory)

       modified:   CONTRIBUTING.md

no changes added to commit (use "git add" and/or "git commit -a")
git commit -a -m 'added new benchmarks'
[master 83e38c7] added new benchmarks
1 file changed, 5 insertions(+), 0 deletions(-)
```

Notice how you don't have to run `git add` on the `CONTRIBUTING.md` file in this case before you commit. That's because the `-a` flag includes all changed files. This is convenient, but be careful; sometimes this flag will cause you to include unwanted changes.

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